

Chapter 1

Character

- 1) What is character?
- 2) How does a crisis reveal character?
- 3) How are ones action an indicator of character?
- 4) How do we choose our character?
- 5) Why can't leaders rise above the limits of their character?

Homework:

Write down areas of your life where you might have cut corners, compromised, or let people down.

See if there are any common areas that cause them to happen.

Apologize to those people affected by your actions/decisions.

“Real character is being bigger on the inside”

Chapter 2

Charisma

- 1) What is charisma?
- 2) How does it play a role in leadership?
- 3) Rate yourself from 1 to 10 with 10 being that you possess a great deal of:

Pride
Insecurity
Moodiness
Perfectionism
Cynicism

Homework

Pay attention to your conversations with others the rest of the week. Determine how much of your conversations are concentrated on yourself.

Chapter 3

Commitment

- 1) What is commitment?
- 2) How can commitment mean different things to different people?
- 3) How is commitment tested?
- 4) What is a cop-out? A hold-out? A drop-out? An all-out?

Homework

Measure your level of commitment to your weekly tasks (school, work, soccer, friends, family, etc). Write down how much time in the week you spend at each task, and how much money you spent on things.

Create a list of the things in your life you cannot go without, and on the same list write down you life's goals. Your life's goals are those things that you would most like to do if everything worked out so that could happen. Now look at that list and put an asterisk next to those things you would give anything to do. How many other people know about those things?

Chapter 4

Communication

- 1) What is communication?
- 2) How do we communicate?
- 3) What are the 4 basic truths about communication?
- 4) How do you rate your ability to communicate with others?
- 5) Can you inspire and motivate people?
- 6) When you talk to people one-on-one, are you able to connect with them?

Homework

When communicating with your teammates this next week, pay attention to your focus when you communicate. Concentrate on focusing on the person/people you're talking to, and not on what you are telling them. Try to see what they need, not just what you want them to do.

Live your message. Are there any discrepancies between what you say and what you do? Are you asking someone to do something you are not willing to do 100% of the time yourself? Others should be able to see in you the same things you are asking of them.