



NorthStar 95

Age Level: U16 Soccer Year: 2010-2011

www.northstarsoccer.org

Tryouts/Invitation/Acceptance to team

Please bring completed paperwork to tryouts. See the NorthStar tryout webpage to print out the appropriate forms. After tryouts, your invitation from the coach, and your acceptance to play on the NS95 team for the 2010-2011 soccer season, players will have until June 28 to complete the online registration process. Initial payment is due at time of online registration. Please check Player Budget information at the NS95 webpage.

July 1, 2010: Team Meeting/Player Registration Event

The registration day for all NorthStar senior teams to complete all league and NorthStar required paperwork will be July 1 at a location yet to be determined. Check the NorthStar Club calendar for specifics—date/time/location.

NOTE: online registration process must be completed by June 28.

Please familiarize yourself with this Team Plan prior to tryouts and again before the team meeting; if possible, your questions should be asked and answered before your acceptance to the team to avoid future problems. IT IS IMPERATIVE THAT A PARENT AND THE PLAYER ATTEND THIS REGISTRATION EVENT ON JULY 1. If you cannot attend, **prior** notification **MUST** be given to the coach and the Team Business Manager. All paperwork (including photo) **MUST** be completed/taken by this date.

College Night Meeting for Parents and Players (mid to end of July) TBD

- Talk to current collegiate players
- Question and answer time
- Recruiting realities - Steps for successful recruiting

NorthStar All-Team Events

-NorthStar Picnic: a great day for the entire NorthStar Soccer Club family to get together for food, fun, and activities. The NorthStar Picnic is held the **third Wednesday in August**. Teams will be assigned specific food responsibilities. Check the NorthStar Club calendar for location/date/time specifics.

-NorthStar Banquet: a day to celebrate the incredible accomplishments of all the teams within the NorthStar Soccer Club. The NorthStar Banquet is held the **first Sunday in March**. Teams will be assigned specific food responsibilities. Check the NorthStar Club calendar for location/date/time specifics.

Practice/Training (Keystone Complex or designated other)

Come Prepared.

- NorthStar practice gear is required for all practices; check the NS95 webpage for details.
- Bring your own water and come dressed for the weather in FULL gear, shin guards, etc.

For details on practice and game days/time/location: check the NS 95 webpage.

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Fall 2010 League Play (September & October 2010)

The team plans to compete in the Michigan State Premier Soccer Program (MSPSP) U16 Division. A home or away game will be played typically on weekends, usually on Sundays, between the second weekend in September and the last weekend in October and will involve travel to the metro-Detroit area.

Fall/Spring/Summer Tournaments and Events

September or October 2010 – Regional Tournament

June - Regional Tournament

July 2011 – USA Cup, Blaine Minnesota

Tournament Teams

Players from any Senior Division team, rostered or reserve, may be invited to participate in a tournament or event as part of a team assembled for that specific purpose. These events are above and beyond the events listed in the team plan and are by invitation only. Eligibility is determined by:

- 1) Member in good standing of a current NorthStar Senior team
- 2) Demonstrates effective team behaviors
- 3) Technical and tactical abilities
- 4) Positional need

Winter FUTSAL Play

NS95 will form 1-3 Futsal Teams for indoor play beginning November 2010.

Winter Training (January-March 2011)

Winter training will be comprised of 7 - 1 hour training sessions. All players are expected to participate in these Sunday afternoon sessions that run during January and February. See NS95 webpage for details.

Homework and Special Assignments:

Summer Reading: *“Diary of a Young Girl”* by Anne Frank

Fall Book: *“The 21 Laws of Leadership”* – John Maxwell

Reading assignments - worksheets - group discussion.

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Mentoring:

U15-U19 players are expected to participate as mentors for NorthStar Academy Camps and Special Olympics training. Players are expected to participate as coach/mentors.

Academy Summer Camp (August 2010)

This will entail three weeks (Tuesday & Thursday evenings)

Special Olympics Training (Fall 2010)

Academy Winter Camp/Special Olympics Winter training (January-February 2010)

This will entail one Friday evening per week for six weeks coaching and mentoring younger players and Special Olympics players.

Service:

An important part of a player's NorthStar experience will be participation in community service activities as a team. NorthStar will arrange special events throughout the year in coordination with Northern Michigan Special Olympics for players and parents to work closely with Special Olympic athletes learning and playing soccer.

Parental Involvement:

NorthStar is staffed and run by an all-volunteer team. NorthStar will ask parents to volunteer for various tasks needed by the team and the NorthStar Soccer Club. Team-specific volunteers (i.e., business manager) will be identified as team rosters are completed. The NorthStar Soccer Club will provide on-going support and guidance for these volunteers. Parents will also be asked to provide volunteer support for Club fundraisers.

Fund-raising

It is expected that we do some major fund raising events to raise a majority of the funds needed for the USA Cup in July 2011 and the team camp.

**NorthStar 95 U16
2010-2011 Tuition**

****All team fees based on 18 player roster****

Tuition Includes;

League Play Fall 2010 8-10 matches

All Coaching and Referee expenses

All Field Rental Fees/Facilities fees

All registrations, insurances and administrative fees

All NS Events, NS Awards, Picnic, Banquet

Fall Tournament

Spring Tournament

Summer Tournament/Event

Fitness Training & Winter Indoor Training

NOTE: Player is responsible for online ordering/paying for the following;

(3) pair - 1 of each Purple, Green and Yellow socks.

Practice Kit - Black Practice shorts, Grey Practice Tee.

If needed, WarmUp set/NS Backpack additional

TUITION GRAND TOTAL \$765.00

Tuition Payment Schedule:

\$400 due at time of online registration

\$250 due August 15

Balance due September 15

Although every effort has been made to provide accurate and correct information, please remember that this is an estimate and circumstances beyond our control or changes in team plans will impact the actual costs. Budget does not include any travel/lodging/meal expenses. NorthStar budgets may vary from team to team.