



## NorthStar Girls U10 Academy

Soccer Year: 2011-2012

Age Level: U10 (Born between 8/1/2001 to 7/31/2003)

[www.northstarsoccer.org](http://www.northstarsoccer.org)

### Online Registration open until spots are filled

Registration for the NorthStar Academy U10 team is completed online. Space is limited to the first ten (10) players. Initial payment is due at time of online registration. Please check U10 Player Budget information at U10 webpage

### Team Meeting/Player Registration Event

The registration day for all NorthStar Academy teams to complete required paperwork (paperwork-pictures-medical release-birth certificates, etc.) will be on a date - yet to be determined - in early August. IT IS IMPERATIVE THAT A PARENT AND THE PLAYER ATTEND THIS REGISTRATION EVENT. If you cannot attend, **prior** notification MUST be given to the coach and the Team Business Manager. All paperwork MUST be completed by this date. Check the NorthStar Club calendar for specifics—date/time/location.

### Fall/Spring League Play: U10 NMSA (Northern Michigan Soccer Association)

The U10 team will compete in NMSA U10 division play. We will have home and away games that will be scheduled prior to each season. These games will be played on weekends. Fall season is between the second weekend in September and the last weekend in October. Spring season typically begins April 15 and ends June 15. Away matches will involve travel in the northern Michigan area. Check U10 webpage for League schedule.

### Fall & Spring Practice/Training (Keystone Complex and/or Bowers Harbor Park)

#### **Come Prepared.**

-NorthStar training gear is required for all practices; check the U10 webpage for details.

-Bring your own water and come dressed for the weather in FULL gear, shin guards, etc.

Fall practices are scheduled to begin in late August/early September—Tuesdays & Thursdays.

Spring practices will begin when weather allows and fields are deemed playable.

**For details on practice days/time/location: check the NorthStar Academy U10 webpage.**

**Winter Training:** Winter training will be comprised of 1.5-hour training sessions. All players are expected to participate in these Sunday afternoon sessions that run during January-February. See U10 webpage for details.

### **Fall/Spring/Summer Tournaments and Events:**

September 2010	TBAYS Autumn Classic Tournament
March/April 2011	Superior Dome Tournament (Marquette, MI) OR CMU Tournament
May 2011	TBAYS Cherry Capital Cup Tournament

### **NorthStar All-Team Events**

-**NorthStar Picnic**: a great day for the entire NorthStar Soccer Club family to get together for food, fun, and activities. The NorthStar Picnic is held the third Wednesday in August. Teams will be assigned specific food responsibilities. Check the NorthStar Club calendar for location/date/time specifics.

-**NorthStar Banquet**: a day to celebrate the incredible accomplishments of all the teams within the NorthStar Soccer Club. The NorthStar Banquet is held the first Sunday in March. Teams will be assigned specific food responsibilities. Check the NorthStar Club calendar for location/date/time specifics.

### **Service**

An important part of a player's NorthStar experience will be participation as a team in community-service activities. The actual community service projects will be selected by a volunteer group of parents working with the coaches. These activities are required of all NorthStar players.

### **Parental Involvement**

NorthStar is staffed and run by an all-volunteer team. NorthStar will ask parents to volunteer for various tasks needed by the team and the NorthStar Soccer Club. Team-specific volunteers (i.e., business manager) will be identified as team rosters are completed. The NorthStar Soccer Club will provide on-going support and guidance for these volunteers. Parents will also be asked to provide volunteer support for Club fund raisers.

### **Fund Raising**

The NorthStar Academy U10 players will participate in the Academy-wide wreath sale activity and other fund-raisers to offset the cost of participation and special events.

### **Coaching**

NorthStar Academy U10 teams will be coached by professional NorthStar staff coaches.